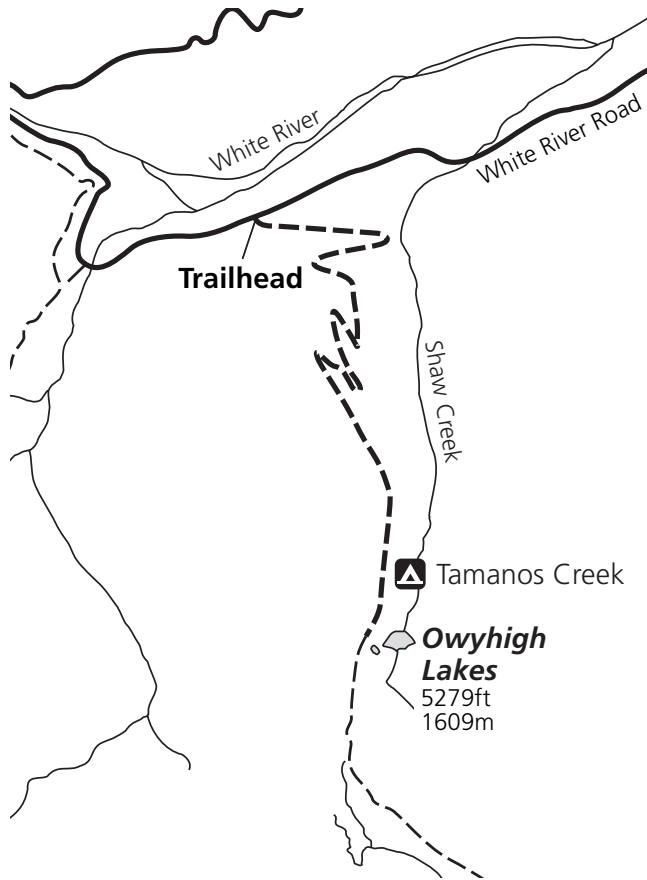




Owyhigh Lakes



According to legend, the Owyhigh Lakes were named after Yakama Chief “Owhi”, who loaned horses to Theodore Winthrop (after whom the Winthrop Glacier was named), when Winthrop was on a trek across the Cascades in the mid-1850s. This hike offers solitude amongst lakes, meadows, and mountains.

Stay on trails. Do not pick flowers.
Carry the “10 Essentials” and
Leave No Trace of your visit.
Pets and bicycles are not allowed
on park trails.
Do not feed or approach wildlife.
Use a topographical map.
Permit required for wilderness camping.

Trail Description

Round-trip Distance:
7 miles (11.3 km)

Elevation Gain:
1350 feet (411 m)

Hiking Time Round-trip:
3.5 hours

Difficulty Level:
Moderate

Trailhead: Drive through the White River Entrance and proceed 2 miles (3.2 km) to a parking area on the right. The trailhead is located across the road.



Along the Trail

Although this hike offers no views of Mount Rainier, it does offer an array of secluded mountain lakes and meadows aglow with wildflowers in mid-summer.

The jagged cliffs of Governors Ridge rise high above the lakes to the east while Tamanos Mountain lies directly west.